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ABSTRACT

Written by a woman who, at age 25, was diagnosed as "a textbook case for attention deficit hyperactivity disorder," (ADHD) this book, examines: the pitfalls of traditional psychotherapy and medications for those diagnosed with ADD/ADHD; how an interactive, hands-on learning environment can markedly improve the educational experience of children with ADD/ADHD; how an organic, holistic approach can benefit those diagnosed with ADD/ADHD; the correlation between ADD/ADHD and agriculture and the impact of eliminating pesticides and increasing fatty acid intake in the diet of people with ADD/ADHD; and how incorporating spirituality and faith into the lives of people with ADD/ADHD can help add discipline and bring greater satisfaction. Five appendixes present environmental education resources, agricultural resources for teaching or internships, a sample agricultural curriculum for high school students, a sample ecology curriculum for high school students, and a curriculum to integrate agriculture, horticulture, and environmental concepts into art. (SM)

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